

Internet Resources on Aging and Related Organizations

The following list of online resources can help answer your questions about aging and ease concerns over related topics:

<http://research.aarp.org/general/acronyms.pdf>

This extensive and helpful guide identifies acronyms and definitions commonly used in the field of aging. It lists the names of government agencies, legislation, organizations, and programs in the field of aging. Included is a brief description of each organization plus contact information and hyperlinks to websites. Guide was produced by the AARP Research Information Center.

<http://www.alz.org/>

The Alzheimer's Association website includes a helpful list of resources specifically designed for patients suffering from Alzheimer's disease, families, and caregivers.

<http://www.aoa.dhhs.gov/index.asp>

The Administration on Aging assists older persons and their caregivers in obtaining information and resources on a variety of aging-related topics. The information will help familiarize you with issues affecting older adults as well as the services and opportunities available to assist them.

<http://www.caps4caregivers.org/>

The Children of Aging Parents' organizational mission is to assist the nation's nearly 54 million caregivers of the elderly or chronically ill with reliable information, referrals and support, and to heighten public awareness about health issues for this age group. CAPS aims to ensure quality care of the nation's growing elderly population.

www.alzheimers.org

The Alzheimer's Disease Education and Referral Center was established by the National Institute on Aging in 1990 as one of its services. It provides information about Alzheimer's disease and related disorders, the impact of these on families and health professionals, and research into possible causes and cures.

www.nami.org

National Alliance for the Mentally Ill was founded in 1979, and works to achieve equitable services and treatment for more than 15 million Americans living with severe mental illnesses and their families. Several thousand volunteers participate in more than one thousand local affiliates and fifty state organizations to provide education and support, combat stigma, support increased funding for research, and advocate adequate health insurance, housing, rehabilitation, and jobs for people with mental illnesses and their families.

www.caregiving.org

The National Alliance for Caregiving provides support to family caregivers and the professionals who help them, and increases public awareness of issues facing family caregivers.

www.aahsa.org

The American Association of Homes and Services for the Aging website offers information on selecting housing and care options, including lists of accredited care communities. Publications are offered on planning ahead for housing needs, caregiving issues, and paying for care.

<http://www.alz.org/Resources/FactSheets/FStellingpatientfamily.pdf>

This explanatory brochure on Alzheimer's gives advice about talking to your parent about the disease.

<http://kidshealth.org/kid/>

This website is designed specifically for children and explains a variety of health issues, including "health problems of grown-ups" with a link to information about Alzheimer's.

www.nih.gov/nia

National Institute on Aging (NIA) website

www.americangeriatrics.org

American Geriatrics Society (AGS) website

www.ahca.org

American Health Care Association (AHCA) website

<http://www.gmhfonline.org/gmhf/>

Geriatric Mental Health Foundation (GMHF) website